



*Pennaeth/Head Teacher: Mrs Helen Lewis*

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## **NHS Test, Trace, Protect: COVID-19 Rapid Lateral Flow Self-Test**

Dear Parents/Guardians,

A free and voluntary programme of asymptomatic COVID-19 testing is available in education and childcare settings across Wales.

We know there is benefit in offering routine testing to help identify further asymptomatic cases and better understand infection rates.

Up to one in three people who have COVID-19 have the virus without symptoms so could be transmitting the virus unknowingly. Part of controlling the spread of the virus requires identifying those infectious individuals who aren't showing and symptoms and asking them to self-isolate. Lateral Flow Device (LFD) tests have been widely and successfully used to detect COVID-19 in asymptomatic individuals. The speed and convenience of LFD tests supports detection of the virus in asymptomatic individuals who would not otherwise be tested. They are clinically approved and are crucial in the fight against the virus.

As the tests are more sensitive with higher viral loads, there is a risk of returning a negative result when viral loads are low (e.g. in the early stages of infection). This is why it is recommended that two LFD tests are taken 3 to 4 days apart, between 6:00 and 8:00 p.m. on Sunday evening and between 6:00 and 8:00 p.m. on Wednesday evening, to enhance detection by picking up any cases which were not detected during the first test and to catch any new infections.

If you test positive using a LFD, it is likely that you are infectious and you must self-isolate immediately and book and take a polymerase chain reaction (PCR) test within 24 hours of your positive LFD test result. Contact tracing will be triggered following a positive LFD.

A negative LFD result should not be read as a means to relax or ignore social distancing or other virus prevention measures intended to reduce transmission – LFD is an additional tool that contributes to reducing risk.

### **How the tests work**

If you agree to take part, a consent form will need to be completed. You will then arrange with the school/college to collect a pack of LFD test kits which will enable self-testing from home. The LFDs supplied do not require laboratory processing and can provide a quick result in around 30 minutes. Comprehensive guidance on self-testing is contained in the 'Instructions for Use' leaflet which comes with the test kit.

Once the test has been conducted each test result must be logged online at [www.gov.uk/report-covid19-result](http://www.gov.uk/report-covid19-result).

**Please contact the school if you have a positive or invalid result, and follow the instructions in this letter.**

### **Purpose of testing**



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It is important to highlight that the purposes of the testing policy in education and childcare in Wales is to complement the primary control measures that have already been put in place to enable face to face learning / care to continue and to:

- Rapidly identify those who are regularly on site during learning/care hours, who are unknowingly carrying the virus and ask them to self-isolate to reduce disruption to face to face education / care.
- Complement symptomatic results data with asymptomatic results data to provide a picture of infection rates as marker for the effectiveness, and implementation of, primary control measures and to assist in the early identification of clusters. In addition to a range of other data and public health advice this information can be used to inform national policy decisions.

The testing policy for education and childcare should not be viewed as a 'test to enable' or 'test to return' to face to face learning i.e. it is not a condition of coming on to the site or accessing learning/care. Additionally, this testing offer is entirely voluntary.

### **Consent / Privacy**

All individuals wishing to take part should familiarise themselves with the testing process and privacy notice, if you choose to participate, you are committing to self-administer the test and provide results for all tests (negative, positive or void).

With our primary protective measures and testing, we will help to reduce the spread of the virus. I am therefore strongly encouraging all staff and eligible pupils to take the tests. However, anyone who chooses not to participate should still attend school if they are not displaying symptoms.

People who decline to participate in this testing programme should follow the usual national guidelines on self-isolation and anyone should get tested if they show symptoms.

Yours faithfully,

*Helen Lewis*

Head Teacher