



Amserlen Chwaraeon Ysgol Uwchradd Tywyn Sports Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
Bore 8.00 – 8.30			Just Dance Llwyfan / Stage Canteen (Miss Rudd)	Just Dance Llwyfan / Stage Canteen (Miss Rudd)	
Amser Cinio Dinner Time 12.10 – 12.50	Boys Parkour Bechgyn Gym / Gampfa (Mr Hughes)	Girls Parkour Merched Gym / Gampfa (Miss Rudd)	Pêl-Droed/ Football Yr 7+8 - Week1 Yr 9,10,11 - Week 2 (Mr Hughes + Mr Roberts)		

