

Amserlen Chwaraeon Ysgol Uwchradd Tywyn Sports Timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Amser Cinio</p> <p>Dinner Time</p> <p>12.10 –</p> <p>12.50</p>	<p>Boys</p> <p>Parkour</p> <p>Bechgyn</p> <p>Gym / Gampfa (Mr Hughes)</p>		<p>Girls</p> <p>Parkour</p> <p>Merched</p> <p>Gym / Gampfa (Miss Rudd)</p> <p>Pêl-Droed/ Football</p> <p>(Mr Hughes + Mr Roberts)</p>		<p>Pêl-Rwyd /</p> <p>Netball</p> <p>Canolfan Hamdden Leisure Centre Bl/Yr 7-11 (Miss Rudd)</p>
<p>Ar ôl Ysgol</p> <p>After school</p> <p>2.45 – 4.00</p>	<p>Badminton</p> <p>Canolfan Hamdden Leisure Centre Bl/Yr 7-11 (Mr Roberts)</p> <p>Clwb Just</p> <p>Dance Club</p> <p>School canteen Bl/Yr 7-11 (Miss Rudd)</p>	<p>Gym</p> <p>Canolfan Hamdden Leisure Centre 7, 8 & 9 (Instructor)</p>	<p>Trampoline</p> <p>Club</p> <p>Canolfan Hamdden Leisure Centre Bl/Yr 7-11 (Miss Rudd)</p> <p>Rygbi</p> <p>/Rugby</p> <p>Cae Rhianfa Bl/Yr 7-11 (Mr Roberts)</p> <p>Gym</p> <p>Canolfan Hamdden Leisure Centre 10 & 11 (Instructor)</p>		

