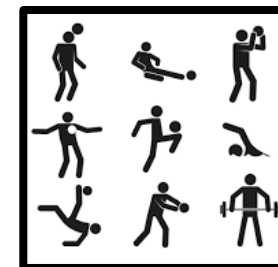


Amserlen Chwaraeon Ysgol Uwchradd Tywyn Sports Timetable



	Dydd Llun	Dydd Mawrth	Dydd Mercher	Dydd Iau	Dydd Gwener
Amser Cinio 12.25 – 1.00	Dodgeball Bl/Yr 7 & 8 Gampfa Gym Mr Marc Hulme	Peldroed/Football 5 bob ochr Bl/Yr 7 & 8 Canolfan Hamdden Leisure Centre	Badminton Bl/Yr 7,8 & 9 Canolfan Hamdden Leisure Centre	Pel-Rwyd Netball Bl/Yr 7-11 Canolfan Hamdden Leisure Centre Miss Rudd/Miss Tronet	'Just Dance' 7.50am – 8.20am Pel Fasedg Basket Ball Bl/Yr 9-11 Canolfan Hamdden Leisure Centre Elen 5x60
Ar ôl Ysgol After School 2.45 – 4.00	Hoci Tu Mewn Indoor Hockey Bl/Yr 7-11 Canolfan Hamdden Nofio Am Ddim! Free Swim!	Ymarfer Peldroed Football Practise Bl/Yr 7-9 Astro Nofio Am Ddim! Free Swim!	Badminton Bl/Yr 7-11 Canolfan Hamdden Leisure Centre Multi Gym Bl/Yr 7,8,& 9	Multi Gym Bl/Yr 9-11 Nofio Am Ddim! Free Swim!	Badminton Pawb/Everyone Canolfan Hamdden Leisure Centre £2 Nofio Am Ddim! Free Swim!



Am fwy o wybodaeth ewch i holi eich athrawon!
Ask your teachers for more information!

