

You will be choosing and researching one country in greater detail.

Complete the following tasks about your chosen country.

***Task 1- Produce a page answering the following questions about your country**

- Common fruits and vegetables
- Main staple foods
- Main meat and fish eaten
- Does the religion of this country affect the foods people eat? Why or why not?
- Main ingredients/ spices/ herbs/ cooking methods used
- Famous dishes of that country
- How is the nutrition of that country?
- Famous chefs from that country?

***Task 2-Collect or print off menus from your country and create a mood board of pictures, of dishes/meal ideas.**

- From my menu research I found.....
- Most popular dishes on the menu were.....

***Task 3: If possible, visit restaurants and experience the food**

- I found the restaurant was.....
- The food was.....

***Task 3 alternative: If it is not possible to visit a restaurant, review a television programme, a book or an article for recipes from each country.**

Write your opinion of the foods discussed and how they are prepared and served.

You should also explain what you like about how the recipes are prepared; whether you think they would be popular choices, and how you think the dishes should be served as an alternative

Write a conclusion at the end of your research.